

***Restaurants which serve  
or will make vegan meals upon request***

compiled by Alaska Vegetarian Society members Stacey Orlov, Charlie Renideo and others

**ANCHORAGE:**

***Yak & Yeti's Himalayan Restaurant*** (Spenard Rd across from the Carousel)

***Namaste Shanghi-La*** Tibetan & Indian (just north of Tudor & Lake Otis)

***Middleway*** (NL)-lots of vegan pastries, always a vegan soup (my favorite is the north african peanut-not actually peanut), smoothies, sandwiches (my favorite is the Lebanese veggie)

***Simon & Seafort's*** (portabello dinner can be made vegan & is delicious)

***Organic Oasis***

***Bear Tooth*** (turnagain tofu wrap is delicious-no cheese, of course)

***Southside Bistro*** (Huffman-next to Paramount Cycles, if you call ahead they will make a special meal for you)

***Chiang Mai Thai Restaurant*** (Old Seward-in front of the University Center) one of the few Thai restaurants that serves brown rice

***Terra Bella*** (you have to request an order-but the owner is very vegan friendly)

***Thai Village*** (on Muldoon near the Fred Meyer at Muldoon & Debar) many options, serves brown rice on request.

***Sizzlin' Cafe*** (downtown on 2nd-across from the Hilton, next to the Woodshed) vegan wraps & salads

***Bombay Deluxe Indian Restaurant*** (NL)

***Aladdin's Mediterranean Restaurant*** (Old Seward & Tudor) serves vegan entrees (*The owner, Rabah Chettfor, is vegan and his [Vegan Story](#) is featured in the [August AVS Newsletter](#)*)

***Spenard Roadhouse*** (only been once, but they do have vegan options)

**GIRDWOOD:**

***Jack Sprat*** (Girdwood-definitely one of my favorites-excellent food)

**PALMER:**

***Turkey Red*** will prepare vegan food on request.

***Taco Del Mar*** has vegan fast food.

***La Fiesta*** have a veggie burrito and spinach enchilada dishes which they can make vegan (no cheese or sour cream)

***Vagabond Blues*** (Palmer-usually one soup is vegan)

**WASILLA:**

***Red Beet*** usually has a vegan entre' and will prepare a vegan meal on request. (Has moved to a new location on the Palmer/Wasilla Hwy between Trunk road and Seward Meridian.)

***Taco Del Mar*** has vegan fast food.

**La Fiesta** have a veggie burrito and spinach enchilada dishes which they can make vegan (no cheese or sour cream). (Warning: The veggie burrito is very large and apparently the rice is made with chicken broth. Darn.)

### **HATCHER PASS:**

**Hatcher Pass Lodge** (Tempeh sandwich is good)

### **HOMER:**

**Cafe Cups**

**Sourdough Express**

**Cosmic Kitchen**

**Two Sister's Bakery** (vegan muffins-absolutely delicious)

### **TALKEETNA:**

**Cafe Michele** (owner is very vegan friendly)

**Talkeetna Lodge** will make a vegan meal for you

Also check out this article in the Anchorage Daily News (ADN):

**[Going vegan, It's not easy in Anchorage, but it can be done](#)**