

TASTY LOW FAT SALAD DRESSINGS

“Caesar” Salad Dressing

1/3 cup date pieces	1/2 tsp. nutritional yeast
1/2 cup water	2 tsp. lemon juice
1 Tbsp. mustard of your choice	1/4 tsp. salt
1 Tbsp. red wine vinegar (or other vinegar)	

Blend all ingredients in blender and serve.

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